

Physical Examination Component of Physical Assessment Workshop for VIHA Pharmacy Residents and Pharmacists

Facilitator:

Dr. Rich Wanbon

Preamble

This workshop is designed to allow the clinician to learn and practice these skills to consolidate their approach before performed on “real” patients at a later date.

Pre-Session Preparations:

- Readings are here: O:\Therapeutic Sessions\Emergency Medicine Rotation Files\Physical Assessments
- Depending on the comfort level of participants, some physical assessments may be practiced with other participants. Concerns or preferences for participation can be provided to the preceptor before or during the session. Sensitive body areas will not be examined, but may be discussed.
- Please attend the session wearing loosely fitted clothing. Flip-flops, shorts, t-shirts, tank-tops etc. are appropriate attire for this workshop. Please bring layers for comfort.
- Food and drinks can be brought into the teaching area but cannot be placed in the simulation room environment.

Objectives:

1. To identify and practice common physical exam techniques performed by healthcare workers
2. To discuss physical exam techniques which are useful in assessing a patient for drug-related problems
3. To be orientated to monitoring equipment in the resuscitation room sim lab
4. To complete a simulated learning case which will require utilizing physical assessment strategies to optimize drug therapy recommendations.

Time & Location:

- RJH (meet at 2nd floor Royal Block elevators at 0830h)

Outline:

- Preparations
 - Introduction to the patient
 - Staff and patient safety
 - Permission to examine
 - Preparing yourself, the patient and the room
- 4 Basic Processes (inspect, palpation, percussion, auscultate)
- Vitals
- Signs of perfusion
- HEENT
- Respiratory System
- Cardiovascular System
- Abdomen
- Neuro / MSK
- Joints
- Skin
- Orientation of the sim lab resuscitation room and its equipment
- Simulated learning case
- Wrap up